How to grow a programme in resource-constrained settings

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Ishtar MSM, a community based organization that advances sexual health rights of men who have sex with men (MSM) in Nairobi, Kenya

Ishtar MSM is a group member of the gay & lesbian coalition of Kenya (GALCK)

Coverage: Nairobi County

MSM HIV prevalence: 18.2%
Vision
“Fulfilling sexual health for men who have sex with men in Kenya”

Mission
To advance sexual health of men who have sex with men through service delivery, community development, advocacy and research in Kenya.

KEY PERFORMANCE AREAS & GOALS

SERVICE DELIVERY
Provide effective and timely clinically competent and appropriate health services including HIV prevention, treatment, care, and support services for MSM.

COMMUNITY DEVELOPMENT
Build capacity of MSM community with the skills they need to advocate on their own behalf and improve their lives.

ADVOCACY
Disseminate information and knowledge through various types of media, publications, and appropriate language for enhanced awareness and utilization of information on MSM health issues.
Create environments that support and promote MSM health care rights, focusing on the availability, accessibility, safety and quality of care.

RESEARCH
Foster evidence-based HIV programming and documentation for MSM in Kenya through operational research.
Program Service achievements

Jan-Dec 2016

- Contacted: 3608
- Received Minimum Package: 3689
- Screened for STIs: 3891
- Treated for STIs: 4181

QTR. 1 JAN-MAR: 3608
QTR. 2 APR-JUN: 3689
QTR. 3 JUL-SEP: 3891
QTR. 4 OCT-DEC: 4181

- HIV Positivity is at 12.2%
- STI prevalence at 6%
Condom and lubricant promotion and distribution

Jan-Dec 2016

- Contacted: 4181
- Received male condoms: 4181 (100%)
- Received water based lubricants: 4173 (99.8%)
Our successful strategies

Demand Creation to identify HIV positive MSM
- Peer-led Approach
- Social and sexual networking for follow-up (index client follow-up)
- Targeted outreaches at the hotspots
- Use of social media (facebook page)

Service provision at ISHTAR Wellness Centre
- Integration of services
- Community Based Services
- Psychosocial Support group
- Quality initiatives and Management

Partnership and policy advocacy with the County and national government through TWGs and stakeholders forums
Challenges

- Stigma and discrimination in the society
- Limited resources to meet demand for support to implement MSM program
- MSM programs in Nairobi leaning heavily on biomedical interventions
- Mainstream sexual and gender based violence
Questions

Any Questions?

Clarifications?
Thank you