



TOGETHER WE CAN BREAK THE ICE

Linking Social and Biomedical support for MSM

A presentation by
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About Icebreakers Uganda

- Icebreakers Uganda is a support Organization formed in 2004 that caters for Lesbian, Gay, Bisexual and Transgender (LGBT).
- Our vision is a Uganda of total justice devoid of discrimination based on sexual orientation and free of HIV/AIDS and its disastrous effects

Our Core Areas

- Empowering the Sexual Minority with moral support and courage through creating safe –space and holding thematic support events.
- Educating LGBT people in Uganda on risky sexual behaviors by organizing, arranging and conducting holistic related group talks.
- Educating LGBT people in Uganda on their Human rights through seminars, workshops, advocacy drives and retreats.
- Conducting affirmative-advocacy for observance of human rights thus reduce discrimination and denial in dealing with those affected with HIV/AIDS.
- Research aspects of LGBT rights as they relate to and impact on health and life in full.
- Network and collaborate with other organizations for comprehensive services.
- Disseminate information to end ignorance of LGBT aspects in society through discourse, dialoguing, volunteer community work and talk shows.

What makes our work challenging?

- The legal context
- Religious views
- Patriarchy
- “Hard to reach community”
- Media challenges
- Personal security

What are we doing?

- Community gatherings
- Resource centre
- Clinic
- Outreach
- Art
- Social media
- Peer to peer (cells)
- Referrals

Our reach

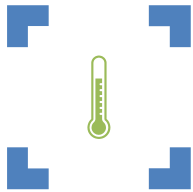
- 14 districts in the country
- Our clinic reaches over 70 MSM per week
- Over 100,000 condoms and lubricants distributed annually
- Over 5000 MSM reached with 2 or more medical services annually
- Sensitizing over 300 stakeholders annually

HIV related services for MSM



Treatment

MSM enrolled for ART and treated for opportunistic infection.



STI management

MSM undergoing STI screening and treatment.



Health education

MSM given health talks and distributed IEC on HIV and SRHR.



Condoms and lubricants

Condoms and lubricants distributed



Referrals

MSM are referred and received additional services.



Counselling

MSM received individual or small group counselling.

Moving Forward

- ❖ Expansion (rural and urban)
- ❖ Up take (service package)
- ❖ Training health workers
- ❖ Guidelines
- ❖ Follow up (volunteers)
- ❖ Helpline and SMS

Mwebale Nyo

